

Essentials of CHEST Training: Guidance for CHEST Trainers and Workshop Facilitators

Continuing Professional Education Credits (CPE) **6 hours**

Course Duration: **1 day**

Materials and access requirements:

- Reading materials are included electronically as part of the course
- Computer with Internet access
- Basic computer skills

Who should participate?

- CHEST trainers who have attended a CHEST train-the-trainer workshop and would like program, certification and additional training information about the CHEST program
- CHEST trainers who have led CHEST workshops and would like best-practice training tips and techniques to deliver engaging training
- CHEST trainers who have never led a CHEST workshop, but plan to

Course Description:

This course will provide CHEST trainers with valuable insights, tips, and techniques that will make it easy to assume (or resume) the role of workshop facilitator. Learn how to best assist your EVS team members build their technical expertise and maintain high quality, safe, healing environments. You'll develop a deeper understanding of the CHEST curriculum and program specifics. Come away with an abundance of practical training tips and techniques as well as all the logistics information needed to conduct engaging and highly successful CHEST workshops.

Learning Objectives:

- Summarize the CHEST training and certification process, including eligibility, curriculum, and preparation for the certification exam.
- Identify and apply five most-effective skills that trainers use when leading a CHEST workshop.
- Discuss the major CHEST curriculum themes; identify and evaluate opportunities to reinforce those themes with EVS technicians.

Content Outline:

Part 1: Overview of the CHEST and T-CHEST programs

- A. CHEST certification
 - 1. Understanding professional certifications
 - 2. Overview of CHEST certification
 - 3. Benefits of CHEST certification
 - 4. Eligibility for CHEST certification
- B. T-CHEST designation
 - 1. What T-CHESTs teach
 - 2. Benefits of being a T-CHEST
 - 3. Responsibilities of being a T-CHEST
 - 4. Eligibility for T-CHEST designation

Part 2: Preparing to lead the CHEST workshop

- A. Securing funding from your organization
 - 1. CHEST justification toolkit
 - 2. Talking points for CHEST justification
- B. Overcoming EVS staff resistance
- C. Communications with workshop participants in advance of the workshop
- D. Choosing classroom space
- E. Succeeding with a virtual CHEST workshop

Part 3: Using the Facilitator Guide in CHEST workshops

- A. Using the Facilitator Guide: Do's and Don'ts
- B. Presentation tips
- C. Module 1: Infection prevention and control
 - 1. Topics and highlights
 - 2. Skill: How to use icebreakers
 - 3. Theme: Unique challenges of cleaning and disinfecting healthcare facilities
 - 4. Discussion: Expectations and concerns about leading a CHEST workshop; life experiences that could help
- D. Module 2: Assignments with supervisors and other staff
 - 1. Topics and highlights
 - 2. Skill: How to encourage group discussion
 - 3. Theme: Building confidence in your workshop participants
 - 4. Discussion: Opportunities and challenges of working with others on the healthcare team
- E. Module 3: Cart setup and handling chemicals
 - 1. Topics and highlights
 - 2. Skill: Conducting demonstrations
 - 3. Theme: Instilling pride and professionalism through proper use of tools
 - 4. Discussion: Opportunities and challenges of cart set-up and working with chemicals

- F. Module 4: Occupied patient room (routine scenario)
 - 1. Topics and highlights
 - 2. Skill: How to write on a whiteboard
 - 3. Theme: Customer service (routine scenario)
 - 4. Discussion: Opportunities and challenges of cleaning an occupied patient room
- G. Module 5: Discharge or transfer room
 - 1. Topics and highlights
 - 2. Skill: Making lecturettes interesting
 - 3. Theme: The EVS technician as role model
 - 4. Discussion: Opportunities and challenges of cleaning and disinfecting a discharge or transfer room
- H. Module 6: Isolation room
 - 1. Topics and highlights
 - 2. Skill: Building on previous knowledge
 - 3. Theme: Staying safe as an EVS technician
 - 4. Discussion: Opportunities and challenges of cleaning and disinfecting an isolation room
- I. Module 7: Occupied patient room (Nonroutine scenarios)
 - 1. Topics and highlights
 - 2. Skill: Handling difficult interactions
 - 3. Theme: Customer service (nonroutine scenarios)
 - 4. Discussion: Opportunities and challenges of interacting with patients
- J. Module 8: Common area
 - 1. Topics and highlights
 - 2. Skill: Asking questions effectively
 - 3. Theme: The EVS technician's role in HIPAA compliance
 - 4. Discussion: Opportunities and challenges of cleaning common areas and recognizing and dealing with potential HIPAA violations
- K. Module 9: Specialty areas, uncommon situations
 - 1. Topics and highlights
 - 2. Skill: How to review content
 - 3. Theme: The unique challenges of working in health care
 - 4. Discussion: Opportunities and challenges of cleaning and disinfecting specialty areas and handling uncommon situations
- L. Module 10: Wrap up and review
 - 1. Topics and highlights
 - 2. Skill: Using educational games
 - 3. Theme: Fostering a sense of accomplishment in CHEST workshop participants
 - 4. Discussion: What to keep in mind as you're leading a CHEST workshop
- M. Module 11: Pop-up practice
 - 1. Topics and highlights

2. Skill: Addressing unconscious bias
3. Theme: Maintaining a safety culture

Part 4: CHEST certification exam information for workshop leaders

- A. Key information about the CHEST certification exam
- B. Logistics
 1. In advance of exam day
 2. On exam day
- C. Study tips to share with CHEST workshop participants
- D. Digital badges and certificates
- E. Certification renewals
- F. CHEST and T-CHEST program policies